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Open Fracture Tibia: How I debride and stabilized



# Open fracture

- Severe injury
- Many complications
- Poor outcome





#### Aim

- Save life
  - Mangled extremity score
- Save limb
  - Prevent infection
- Return of function
  - Promote fracture healing
  - Rehabilitation





### STAGED SURGERY

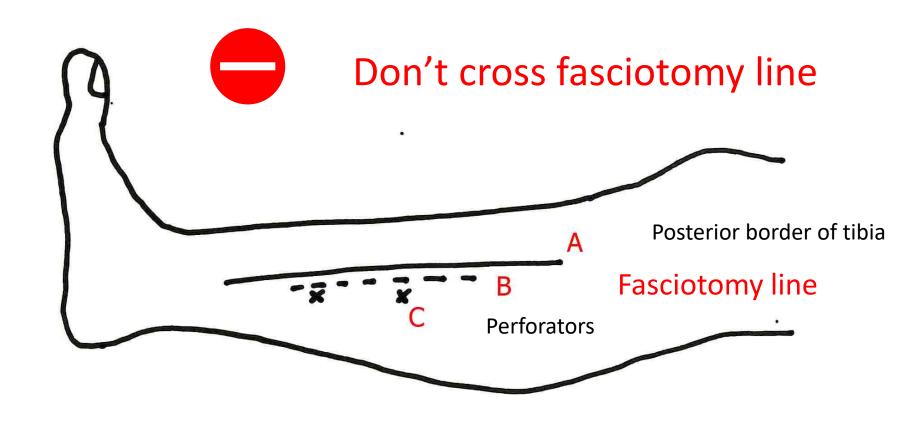
Debridement

Soft tissue reconstruction

Bone reconstruction



#### WOUND EXTENTION













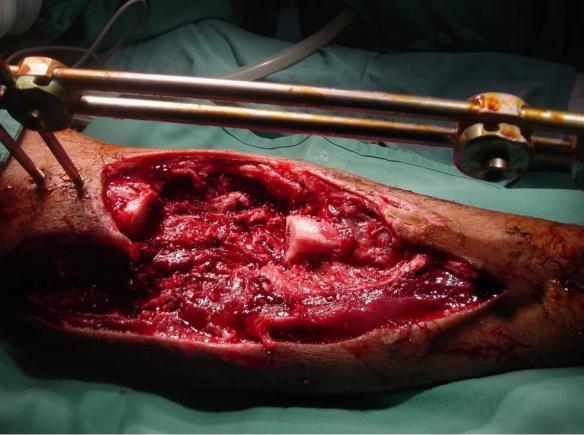






# ASSESSMENT OF INJURY IS DONE DURING SURGERY





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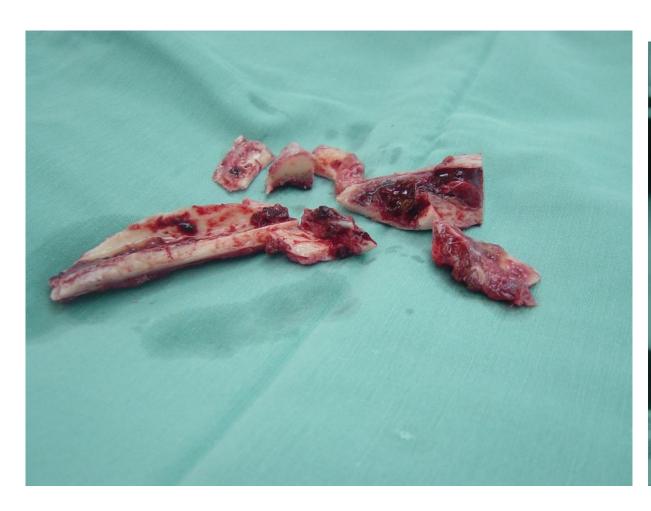


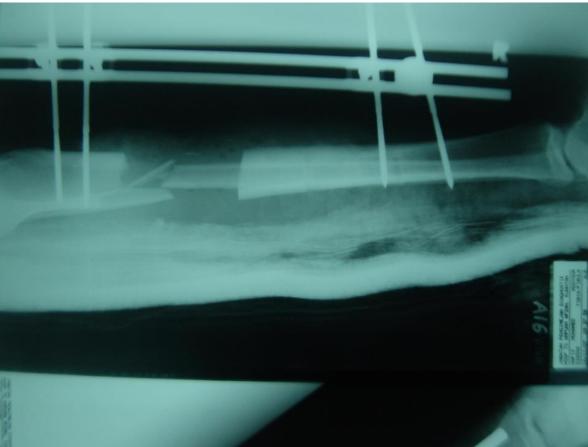




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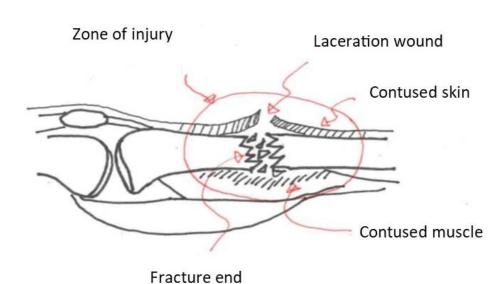


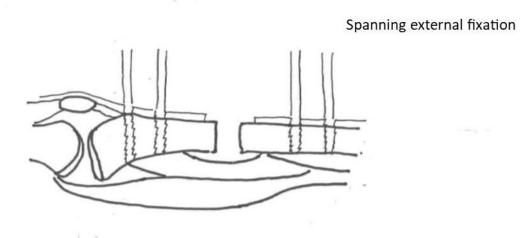






#### Stabilisation





Post debridement













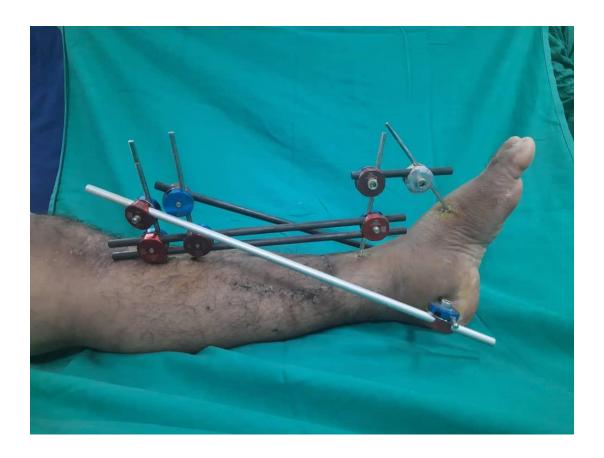


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# Cross ankle





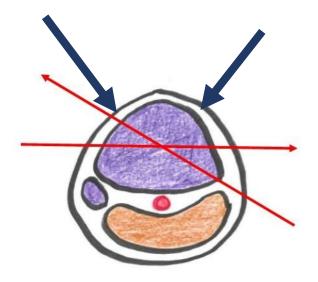


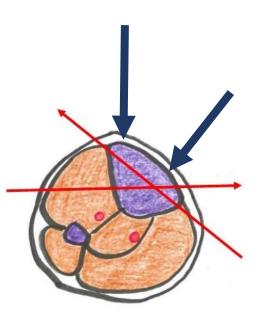
## Cross knee



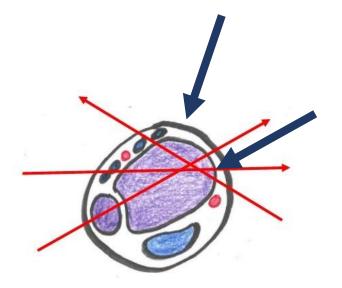








# Safe corridor

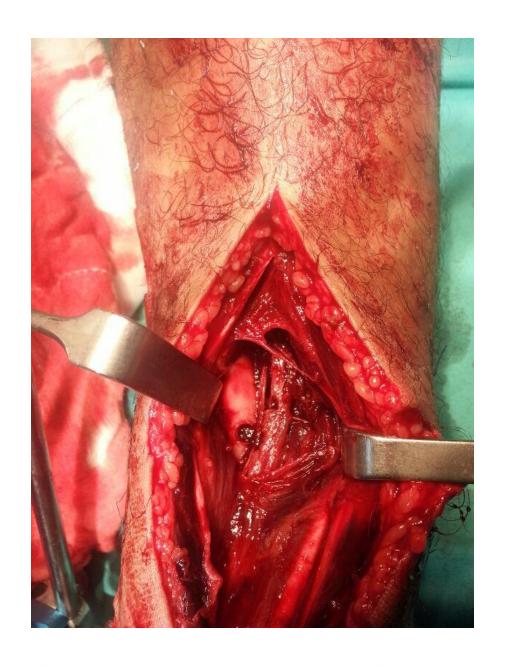




























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# Case 2





# Perforators and screw placement





# Screw placement





















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# Inadequate debridement













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# Case 4







#### Mistake

- Inadequate exposure
- Inadequate debridement
- Screws within zone of injury

















# Take home message

- Team of expert
  - Trauma surgeon
  - Plastic surgeon
  - Limb Reconstruction Surgeon



Medical officer / Trainee







