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**Programme & Abstracts**

**“Sustainable Utilization of Natural  
Products for Health and Food  
Security”**

*Elingera elatior*

## Tualang honey attenuates glutathione depletion in the rat hippocampus following kainic acid administration

Hidani Hasim<sup>1</sup>, Sirajudeen Kuttulebbai Naina Mohamed Salam<sup>2</sup>, Pasupuleti Visweswara Rao<sup>3,4</sup>,  
Sangu Muthuraju<sup>5</sup>, Mohd Asnizam Asari<sup>6\*</sup>

<sup>1</sup>Department of Chemical Pathology, School of Medical Sciences, Universiti Sains Malaysia, Health Campus,  
16150 Kubang Kerian, Kota Bharu, Kelantan, Malaysia

<sup>2</sup>Department of Basic Medical Sciences, Kulliyah of Medicine, International Islamic University Malaysia,  
Bandar Indera Mahkota, 25200 Kuantan, Pahang, Malaysia

<sup>3</sup>Department of Biochemistry, Faculty of Medicine and Health Sciences, Abdurrah University, Jl Riau Ujung No. 73,  
Pekanbaru 28292, Riau, Indonesia

<sup>4</sup>Center for International Collaboration and Research, Reva University, Rukmini Knowledge Park, Kattigenahalli,  
Yelahanka, Bangalore, Karnataka, 560064, India

<sup>5</sup>Department of Pharmacological and Pharmaceutical Sciences, College of Pharmacy, University of Houston,  
Houston 77240, TX, United States of America

<sup>6</sup>Department of Anatomy, School of Medical Sciences, Universiti Sains Malaysia, Health Campus,  
16150 Kubang Kerian, Kota Bharu, Kelantan, Malaysia

\*E-mail: [asnizam@usm.my](mailto:asnizam@usm.my), [knssiraj@iium.edu.my](mailto:knssiraj@iium.edu.my)

### Abstract

Excitotoxicity mediated neurodegeneration by kainic acid (KA) was shown to cause oxidative stress in rats' brains. Tualang honey (TH), a potential natural medicinal agent, was reported to have many therapeutic properties; however, its protection against neurodegenerative disorders was limited. This study aimed to investigate the protective effects of TH on glutathione levels following KA administration in the rats' hippocampus. Sprague Dawley male rats (n=24) were randomly divided into four groups which are: (i) control, (ii) KA alone, (iii) TH + KA, and (iv) Topiramate (TPM) + KA, and each group was pre-treated orally with either distilled water, TH (1.0 g/kg) or Topiramate (40 mg/kg), respectively, five times at 12 h intervals. Saline or KA (15 mg/kg body weight) were injected subcutaneously 30 min after the last oral treatment. All animals were sacrificed 24 h after KA injection and their hippocampus was harvested to assay the level of reduced glutathione (GSH), oxidized glutathione (GSSG), and GSH:GSSG ratio by using commercially available ELISA kits. The result showed a significant ( $p < 0.05$ ) decrease in the level of GSH in the KA alone group and was improved by TH pre-treatment. Meanwhile, the elevation of GSSG level in the KA-induced group was significantly ( $p < 0.05$ ) reduced by pre-treatments of TH and Topiramate. Remarkably, the pre-treatment of TH was significantly ( $p < 0.05$ ) increases the GSH:GSSG ratio after KA administration. In conclusion, TH showed potential protective effects to prevent oxidative stress-related consequences by attenuating the glutathione system in the rats' hippocampus after KA administration.

**Keywords:** Tualang Honey; Glutathione; Kainic Acid; Rat Hippocampus

# Tualang Honey Attenuates the Glutathione Depletion in the Rat Hippocampus Following Gainic Acid Administration

Hidani Hasim<sup>1</sup>, Sirajudeer Kuttulebba Naina Mohamed Salam<sup>2</sup>,  
Pasupuleti Visweswara Rao<sup>3</sup>, Sangu Muthuraj<sup>4</sup>, Mohd Asnizam Asari<sup>5</sup>

<sup>1</sup>Department of Chemical Pathology, School of Medical Sciences, Universiti Sains Malaysia, Health Campus, 16150 Kubang Kerian, Kota Bharu, Kelantan, Malaysia

<sup>2</sup>Department of Basic Medical Sciences, Kulliyah of Medicine, International Islamic University Malaysia, Bandar Indera Mahkota, 25200 Kuantan, Pahang, Malaysia

<sup>3</sup>Department of Biomedical Sciences and Therapeutics, Faculty of Medicine and Health Sciences, Universiti Malaysia Sabah, 88400 Kota Kinabalu, Sabah, Malaysia

<sup>4</sup>Department of Pharmacological and Pharmaceutical Sciences, College of Pharmacy, University of Houston, Houston, TX, 77204, United States of America

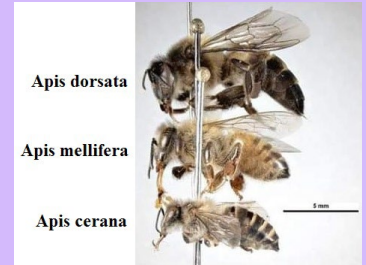
<sup>5</sup>Department of Anatomy, School of Medical Sciences, Universiti Sains Malaysia, Health Campus, 16150 Kubang Kerian, Kota Bharu, Kelantan, Malaysia



# 1. Introduction

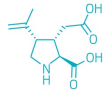
# Tualang honey

- Tualang honey (TH), mostly found in forests of Peninsular Malaysia, collected from the combs of Asian rock bees “*Apis dorsata*”, the world’s largest honey bees [1].
- This is a natural antioxidant agent that contains higher **polyphenols** and **flavonoids** compared to other Malaysian honey [2].
- Studies on TH in human and animal models, indicated that it may have medicinal properties such as **antibacterial** [3], **antioxidant** [4], **anticancer** [5], **antidiabetic** [6] and potential protection against **neurological disorders** [7].
- ✦ Due to the potential applicability of TH for therapeutic purposes, numerous studies are focusing on the mechanisms of antioxidant action of TH on excitotoxicity-induced neurodegenerative models



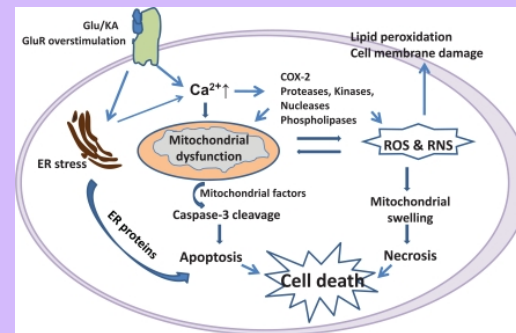
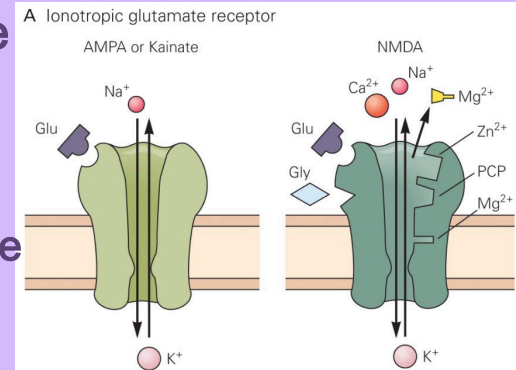
# Excitotoxicity

- Excitotoxicity is considered to be an important mechanism involved in various neurodegenerative diseases in central nervous system (CNS), such as, **Alzheimer's disease** [8], **Parkinson's disease** [9], **amyotrophic lateral sclerosis** [10] and **epilepsy** [11]
- Excitotoxicity is a phenomenon that describes the toxic actions of excitatory neurotransmitters, primarily glutamate, where the **prolonged activation of glutamate receptors** starts a cascade of neurotoxicity that ultimately leads to the loss of neuronal function and cell death [12]
- Excitotoxicity is commonly induced experimentally by chemical convulsants, particularly **kainic acid**



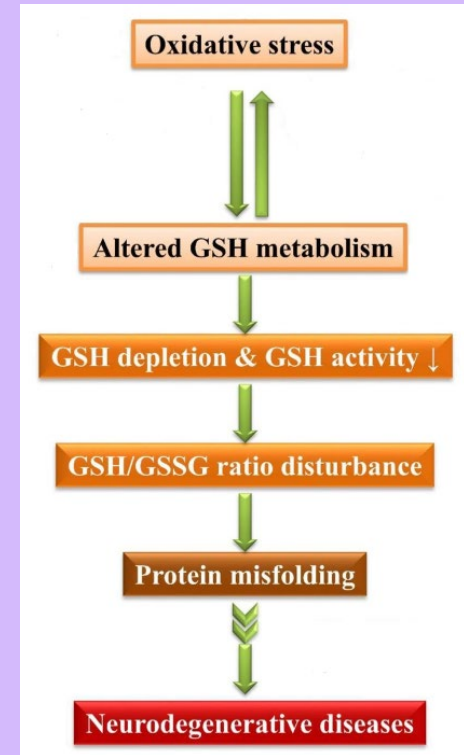
# Kainic acid

- Kainic acid (KA) is a specific agonist of **ionotropic glutamate receptors (iGluRs)** and a strong **neurotoxin**
- KA acts on kainate receptors (KARs) in the CNS and **imitates the excitotoxic** action of glutamate in models of neurodegenerative disorders [13].
- The KA binding to KARs causes a number of cellular events, including the **influx of  $Ca^{2+}$**  into cells, the **production of reactive oxygen species (ROS)** and reactive nitrogen species (RNS), which leads to the **mitochondrial dysfunction, apoptosis** of neurons and **necrosis** [13].
- Activation of KA receptors has been reported to cause **decreases in the glutathione (GSH)** pool in a number of brain areas and in cultured neurons, suggesting that **disruption of intracellular GSH homeostasis** is responsible for this injury [14].



# Glutathione system

- A major endogenous protective system is the glutathione redox cycle. GSH is a key component of the cellular defense cascade against injury caused by ROS [15].
- GSH was shown to modulate the level of ROS and participates in the cellular response to level of oxidative stress [15].
- GSH displays high intracellular concentrations in brain including hippocampus [16].
- Previous findings reported that GSH is essential for repair processes in hippocampal neurons exposed to oxidative damage induced by KA [17].





# Aim of the study

- ✓ This study aimed to investigate the protective effects of glutathione level following KA administration in the rats' hippocampus
- ✓ In the present experiment, we evaluate the amount of GSH/GSSG and GSH/GSSG ratio in the rats' hippocampus after the injection of KA and its effect on TH.

## 2. Methodology





# Sprague Dawley male rats, n = 24



1. Control, n = 6  
0.5 mL of distiller  
water



2. KA only, n = 6  
0.5 mL of distiller  
water

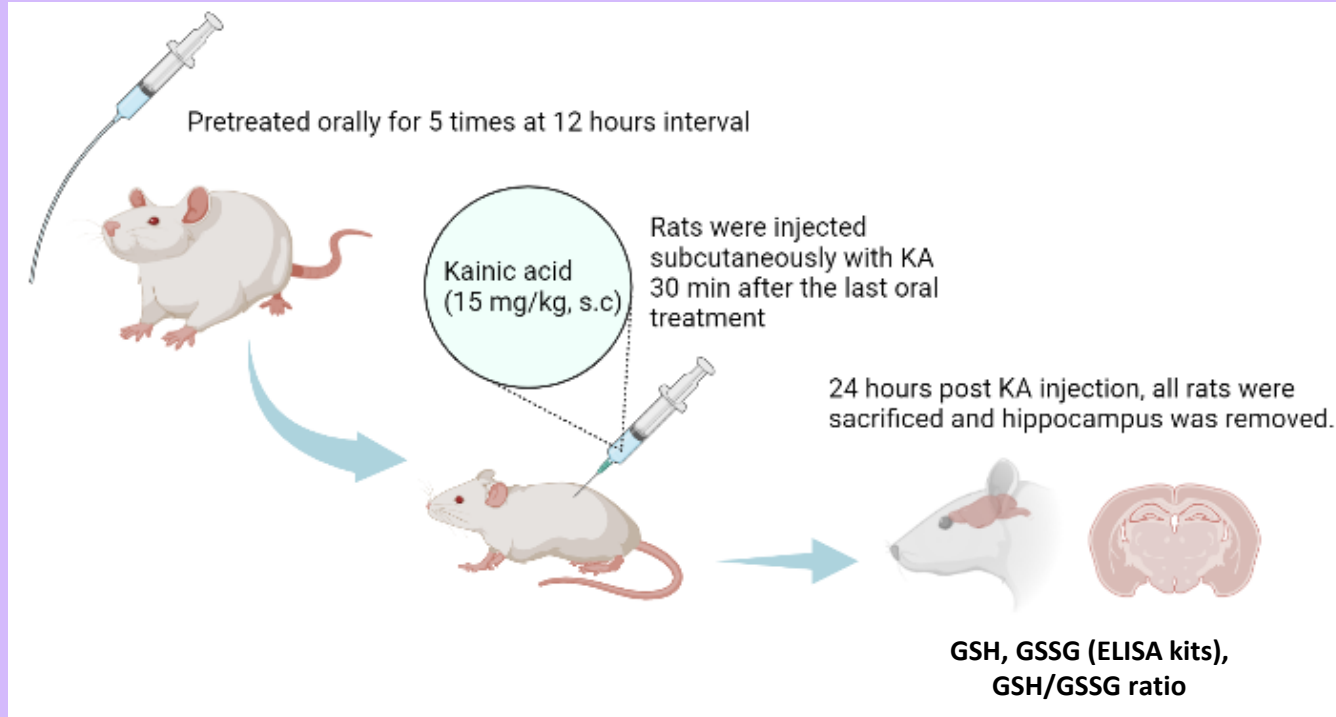


3. KA + TH, n = 6  
0.5 mL of Tualang  
honey (1 g/kg)

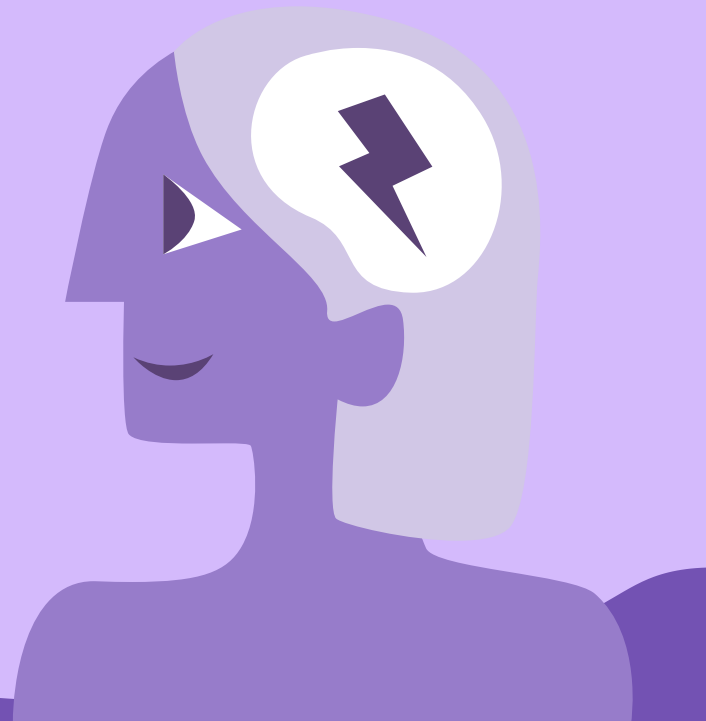


4. KA + TPM, n = 6  
0.5 mL of Topiramate,  
antiepileptic drug (40  
mg/kg)

# Methodology

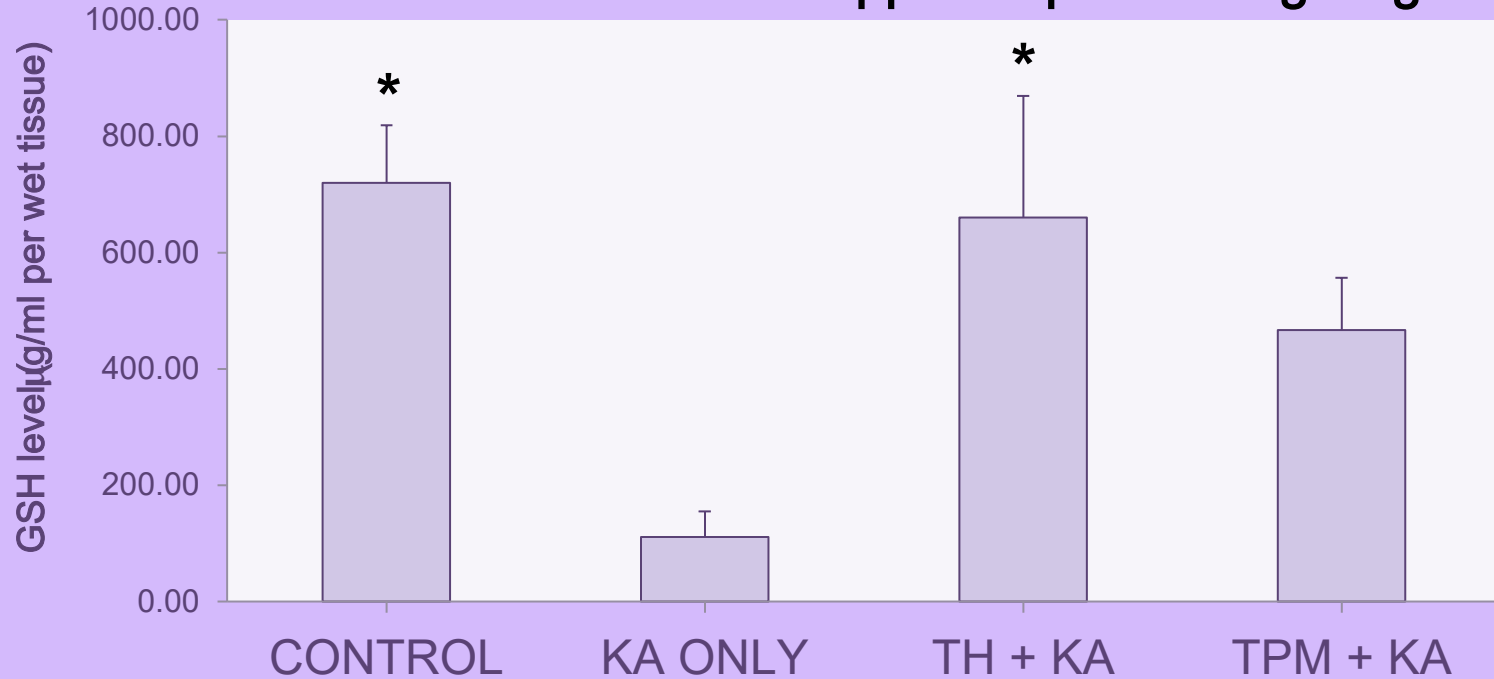


# 3. Results



# Results

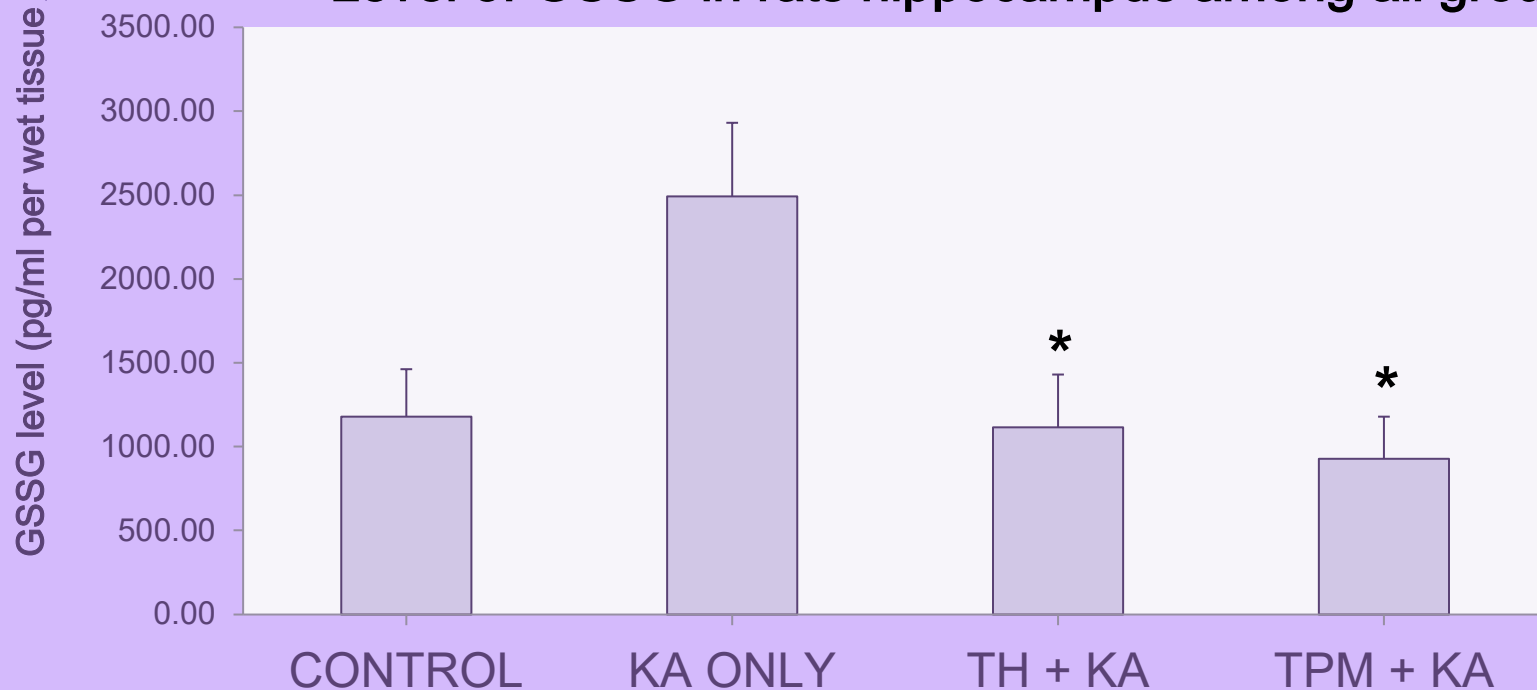
Level of GSH in rats hippocampus among all groups



\*  $p < 0.05$  compared to KA only group

# Results

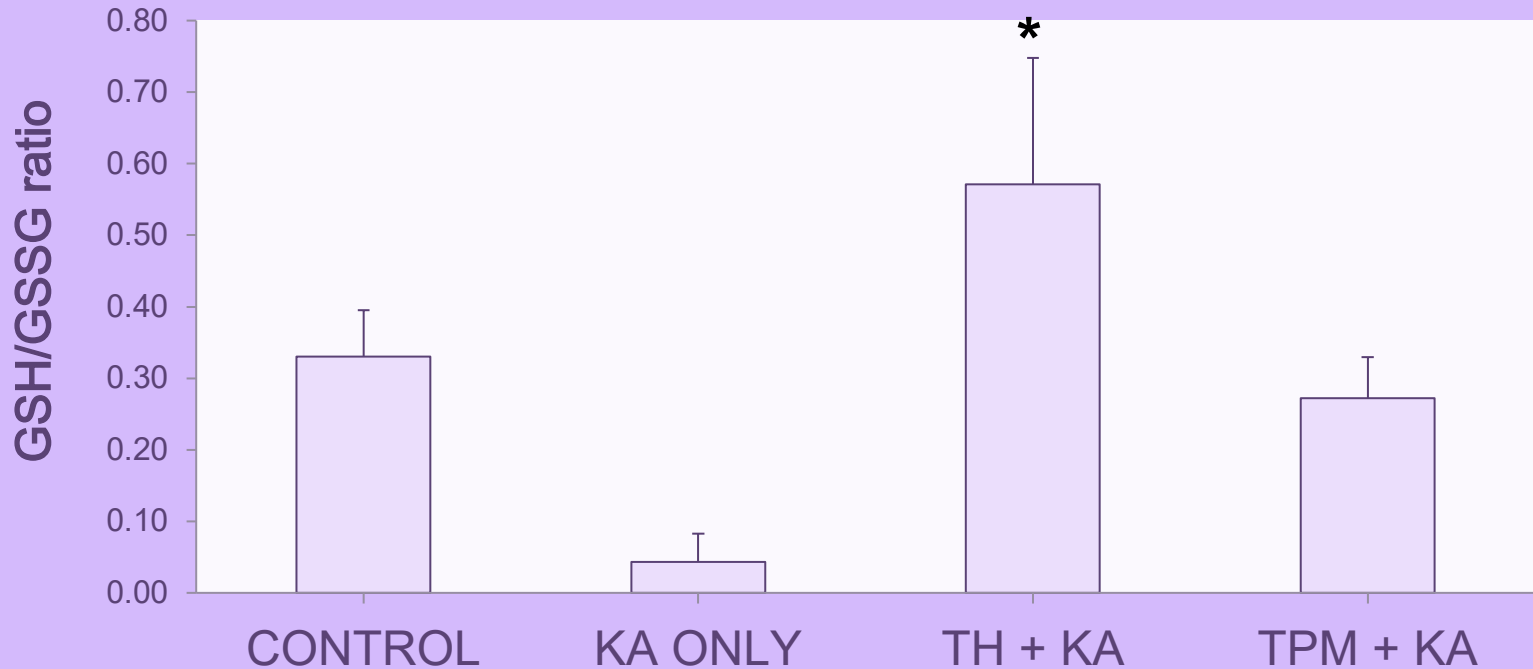
## Level of GSSG in rats hippocampus among all groups



\* p < 0.05 compared to KA only group

# Results

GSH/GSSG ratio in rats hippocampus among all groups

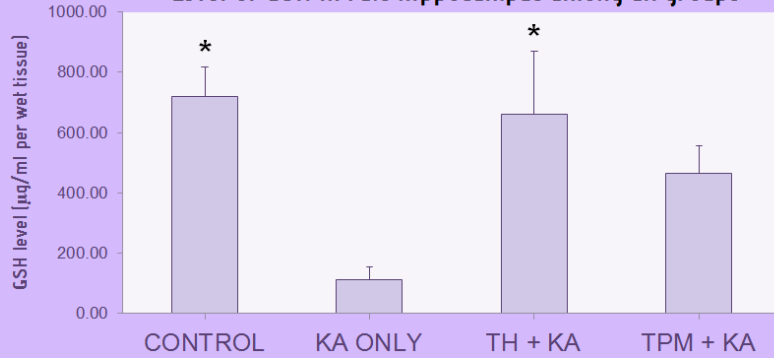


\*  $p < 0.05$  compared to KA only group

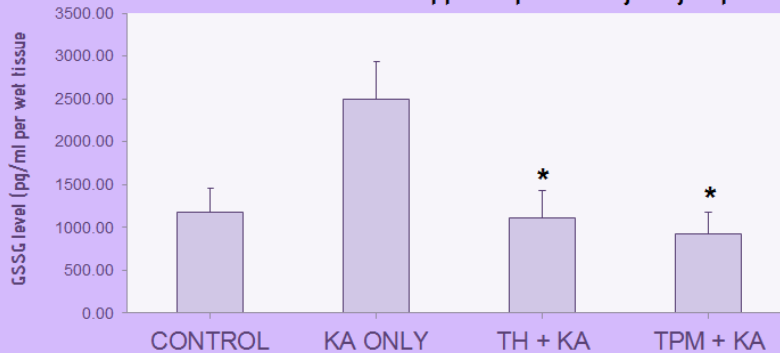


# Results

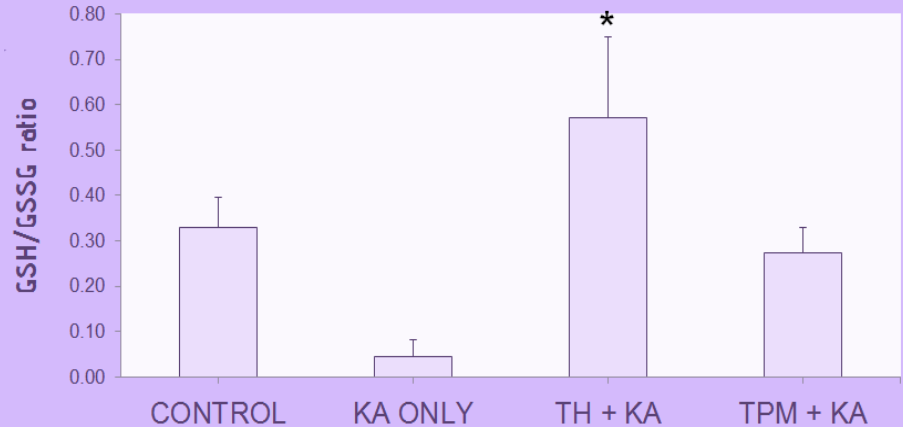
Level of GSH in rats hippocampus among all groups



Level of GSSG in rats hippocampus among all groups



GSH/GSSG ratio in rats hippocampus among all groups



# Discussion

- ✓ TH has been reported to contain various bioactive compounds, including **flavonoids** (catechin, kaempferol, naringenin, luteolin and apigenin) and **phenolic acids** (gallic, syringic, benzoic, trans-cinnamic, p-coumaric and caffeic acids) that possess neuroprotective and antioxidant properties [19].
- ✓ For example, **apigenin** inhibits the KA-induced excitotoxicity of hippocampal cells in a dose-dependent manner by quenching ROS and **inhibiting the depletion of GSH** levels [20].
- ✓ Besides that, **gallic acid** has been demonstrated to **decrease ROS production** and **lipid peroxidation** in KA-induced PC12 cells [21].
- ✓ It is postulated that the neuroprotective and antioxidant properties of TH may be exerted by flavonoids and possibly other polyphenolic compounds, as well as the synergistic effect of bioactive compounds [22].
- ✓ This finding was similar with previous study which revealed that TH attenuated the decrease of GSH in the cerebellum and GSH/GSSG ratio in the brain stem after 24 h of KA administration [23].

# Conclusions

- ❑ TH showed potential protective effects to prevent the **oxidative stress** related consequences by attenuating the **glutathione system** in the rats' hippocampus after KA administration
- ❑ Further study need to be carried out to determine other biomarkers of oxidative stress to confirm the neuroprotective of TH in hippocampus after KA induction





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